Training schema 2018 - 2019

Maandag

	Maandag		Maandag	
	Water		Semi	
14:00				
14:30				
15:00				
15:30				
16:00				
16:30				
17:00				
17:30	U14-1 **(PALI)**	U14 -2 **(DOMAGOJ)**	U14-2 **(SIMAO)**	
18:00	Girls	Girls	Boys	
18:30	17:30-19:00			
19:00	U19-1 **(DOMAGOJ)**	U14-1 **(LYLE)**	G-Hockey	U19-2 **(PALI)**
19:30	Boys	Boys	19:00 - 20:00	Boys
20:00	19:00 - 20:30	19:00 - 20:00	Ladies **(SIMAO + DOMAGOJ)**	
20:30			20:00-22:00	
21:00				
21:30				
22:00				

Training schema 2018 - 2019

Dinsdag

	Dinsdag		Dinsdag	
	Water		semi	
14:00				
14:30				
15:00				
15:30				
16:00				
16:30				
17:00				
17:30				
18:00	U16-1 **(MIKE)**	U16-1 **(DOMAGOJ)**	U16-2 **(PALI)**	
18:30	Girls	Boys	Girls	
19:00	18:00 - 19:30		18:00 - 19:30	
19:30	U19-1 **(MIKE)**			
20:00	Girls			
20:30	19:30 - 21:00	GENT Ladies **(DOMAGOJ + PALI)**		
21:00		20:30 - 22:00		
21:30				
22:00				

Training schema 2018 - 2019

Woensdag

	Woensdag					
	water					
14:00	U9-1	U9-2	U9-1	Starters	Starters	Starters
14:30	Girls (HENRI)	Girls (KURT)	Boys (MATHIJS)			
15:00	14:00-15:30			14:00 - 15:00		
15:30	U10 -1(SOL)	U10-1 (TIN)	U10-2 (DOMA)			
16:00	Girls	Boys	Boys			
16:30	15:30-17:00					
17:00	U12-1 (SOLEDAD)			U12-1 (TIN)		
17:30	Girls			Boys		
18:00	17:00-18:30					
18:30	U14-1 (PALI)			U14-1 (LYLE)		
19:00	Girls			Boys		
19:30	18:30 -20:00					
20:00	Dames I			Heren I (TIN)		
20:30	20:00-22:00			20:30 -22:00		
21:00						
21:30						
22:00						

Woensdag					
semi					
U7-1	U8-1	U7-1	U8-1		
Girls (EMIEL T)	Girls (LOUIC)	Boys (DOENJA)	Boys (EMELIEN)		
14:00-15:30					
U12 -3 (SIMAO)		U12-3/4 (PALI + EMILE T)			
Girls		Boys			
15:30-17:00					
U12-2 (PALI + KURT)		U12-2 (DOMAGOJ + CYRIL)		Keepers	Mike
Girls		Boys		Keepers	Mike
17:00-18:30				Keepers	Mike
U14-2 (SIMAO)		U14-2 (DOMAGOJ)		Keepers	Mike
Girls		Boys		Keepers	Mike
18:30 -20:00					

Trainers voor starters:
Nina
Arthur
Marie-Astrid
Lauren
Ernest
Justine

Training schema 2018 - 2019

Donderdag

	Donderdag		Donderdag	
	water		semi	
14:00				
14:30				
15:00				
15:30				
16:00				
16:30				
17:00	Voorbereiding District **(TIN)**		Starters **(SIMAO + DOENJA + KURT + PIETER-JAN + SOLEDAD)**	
17:30	17:00-18:00		17:00- 18:00	
18:00	U16-1 **(SIMAO)**	U16-1 **(TIN)**	U16-2 **(MIKE)**	U19-2 (SOLEDAD)
18:30	Girls	Boys	Girls	Boys
19:00	18:00-19:30		18:00 - 19:30	
19:30	U19-1 **(SOLEDAD + MIKE)**	U19-1 **(TIN)**		
20:00	Girls	Boys	Gents **(SIMAO + TIN)**	
20:30	19:30 -21:00		20:00 -22:00	
21:00				
21:30				
22:00				

Training schema 2018 - 2019

Vrijdag

	Vrijdag			
	water			
14:00				
14:30				
15:00				
15:30				
16:00				
16:30	U10 -1 (SOL)	U10-1 (PALI)	U10-2 (EMI)	U9-1 (KURT)
17:00	Girls	Boys	Boys	Boys
17:30	18:00-19:30			
18:00	U12-1 (SOL)		U12-1 (LYLE)	
18:30	Girls		Boys	
19:00	18:00-19:30			
19:30	Dames I		Heren I (TIN)	
20:00	19:30-22:00			
20:30				
21:00				
21:30				
22:00				

	Vrijdag					
	Semi					
14:00						
14:30						
15:00						
15:30						
16:00						
16:30	U7-1 (DOENJA)	U8-1 (LOUISE)	U7-1 (SEPPE)	U8-1 (SOPHIA)	U9-1 (SIM)	U9-2 (DOM)
17:00	Girls	Girls	Boys	Boys	Girls	Girls
17:30	16:30 -18:00				16:30-18:00	
18:00	U12 -2 (EMI DL)	U12-3 (PALI)	U12-2 (SIM)	U12-3/4 (DOM)		
18:30	Girls	Girls	Boys	Boys (DOENJA)		
19:00	18:00-19:30					
19:30	Mineurs			Dames 2		
20:00	19:30-21:30			20:00 - 22:00		
20:30						
21:00						
21:30						
22:00						